

Claims

1 1. A composition for reducing the risk or progression of cardiovascular disease
2 comprising:
3 dextromethorphan;
4 folic acid or folate;
5 vitamin B₆; and
6 vitamin B₁₂.

1 2. The composition of claim 1 wherein the composition includes lecithin and
2 vitamin E.

1 3. The composition of claim 2 wherein the composition includes beta-carotene.

1 4. The composition of claim 3 wherein the composition includes a compound
2 selected from the group consisting of procyanidins, flavonoids, oligomeric
3 proanthocyanidins and mixtures thereof.

1 5. The composition of claim 4 wherein the composition includes
2 trimethylglycine and ginkgo biloba.

1 6. The composition of claim 5 wherein the composition includes garlic oil and
2 minerals.

1 7. A method of reducing the risk or progression of cardiovascular disease
2 comprising administering to a person in need thereof the composition of claim 1.

1 8. A method of reducing the risk or progression of cardiovascular disease
2 comprising administering to a person in need thereof the composition of claim 2.

1 9. A method of reducing the risk or progression of cardiovascular disease
2 comprising administering to a person in need thereof the composition of claim 3.

1 10. A method of reducing the risk or progression of cardiovascular disease
2 comprising administering to a person in need thereof the composition of claim 4.

1 11. A method of reducing the risk or progression of cardiovascular disease
2 comprising administering to a person in need thereof the composition of claim 5.

1 12. A method of reducing the risk or progression of cardiovascular disease
2 comprising administering to a person in need thereof the composition of claim 6.

1 13. A composition for reducing the risk or progression of glaucoma comprising:
2 dextromethorphan;
3 folic acid or folate;
4 vitamin B₆; and
5 vitamin B₁₂;
6 bilberry;
7 bioflavonoids; and
8 beta-carotene

1 14. The composition of claim 13 further including oligomeric
2 proanthocyanidins.

1 15. The composition of claim 14 further including vincocetine.

1 16. The composition of claim 15 further including omega-3-oils.

1 17. A method for reducing the risk or progression of glaucoma comprising
2 administering to a person in need thereof the composition of claim 13.

1 18. A method for reducing the risk or progression of glaucoma comprising
2 administering to a person in need thereof the composition of claim 14.

1 19. A method for reducing the risk or progression of glaucoma comprising
2 administering to a person in need thereof the composition of claim 15.

1 20. A composition for reducing the risk or progression of tardive dyskinesia
2 disease comprising:

3 dextromethorphan;
4 folic acid or folate;
5 vitamin B₆; and
6 vitamin B₁₂;
7 lecithin;
8 an antioxidant; and
9 oligomeric proanthocyanidins.

1 21. The composition of claim 20 further including pantothenic acid.

1 22. The composition of claim 21 further including kava.

1 23. The composition of claim 22 further including omega-3-oils.

1 24. The composition of claim 23 further including vitamin B₃.

1 25. A method of reducing the risk of progression of tardive dyskinesia disease
2 comprising administering to a person in need thereof the composition of claim 20.

1 26. A method of reducing the risk of progression of tardive dyskinesia disease
2 comprising administering to a person in need thereof the composition of claim 21.

- 1 27. A method of reducing the risk of progression of tardive dyskinesia disease
- 2 comprising administering to a person in need thereof the composition of claim 22.

- 1 28. A method of reducing the risk of progression of tardive dyskinesia disease
- 2 comprising administering to a person in need thereof the composition of claim 23.

- 1 29. A method of reducing the risk of progression of tardive dyskinesia disease
- 2 comprising administering to a person in need thereof the composition of claim 24.